

Critters that Bite and Sting!

Things that Float

Examples: Jelly fish, Portuguese Man-O-War, Sea lice

- Symptoms: Localized pain, searing in nature, potentially producing a neuropathy, nausea, vomiting, hives, localized red spots (Sea lice are not imbedded!).
- **Basic Treatment:** Spray with White Vinegar as soon as possible. Also may consider Adolph's meat tenderizer. Do not rub the site, since this will release more of the contents of the imbedded darts.
- Sea lice: Lightly apply rubbing alcohol.
- Severe life threatening allergic reactions: Epi Pen, which will result in disqualification of the athlete.

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Things that Swim

- Consider the expected (sharks, rays, and turtles) but also anything that is brightly colored ex. Lion Fish
- Cardinal Rule #1 If it swims up to you, it is not afraid of you! That is a bad thing!!
- Cardinal Rule #2 If it is brightly colored, it has no reason to hide! This is also a bad thing!!

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Things that Slither and Crawl

Ex. Sea snakes, venomous shells, octopus (spotted)

- Cardinal Rule #3 – If it is pretty – Do not pick it up!!
- Cardinal Rule #4 – If it is a shell - Somebody is probably at home.
- **Basic Treatment:** All bites from anything in this category requires emergency treatment at a medical facility.

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Things that Sit Still

Example: corals

- Symptoms: Burning and stinging with a localized rash and hives
- **Basic Treatment:** Like jellyfish stings, the mechanism of injected barbs is similar, thus treatment with sprayed white vinegar and avoidance of rubbing